

Sustainable Stoup? What's that?

Welcome to the latest opportunity in Michigan to highlight locally grown and sustainably raised food! Michigan Envirothon will be hosting the Inaugural Michigan Sustainable Stoup Competition on Sunday, October 25th, 2009 in Grand Ledge Michigan.

This will be a statewide cooking contest open to individuals and restaurants in Michigan with a focus on local, sustainably raised foods and it's for a good cause: a fundraiser for the Michigan Envirothon Program.

Envirothon is a non profit statewide environmental competition that gives high school students outdoor, hands on experience with nature, agriculture and the ecology that surrounds it. These are the young adults who will be the next scientists, foresters, wildlife biologists and farmers. For more information on Envirothon and to learn how you can get involved locally visit: www.michiganenvirothon.org.

Stoup can be a soup or a stew, or even chili, as long as it is cooked in a pot with locally raised food, it can be entered!

What could be better than Sustainable Stoup? A Sustainable Stoup Competition along with a Michigan wine, hard cider and beer tasting! We will have samples from Michigan wineries and breweries and even a few hard cider makers along for the event to give everyone attending the full circle Michigan experience. The goal of this event is to promote sustainable agriculture, farmers markets, backyard or community gardening and Michigan beverages. It will be a tantalizing, tasty competition for the best stoup in Michigan.

Winners will be selected by a panel of guest judges. Attendees will vote for the People's Choice award. Winners will be featured on the Select Michigan and the Michigan Envirothon website and be announced via a press release.

The Temporary Food Service Establishment License Application and the liquor license will be taken care of by Michigan Envirothon.

Ready to compete?

Information and Rules for Competitors

Your soup or stew must have at least 75% of its content grown in Michigan or the final processing plant for any ingredients used must be located in Michigan. Other than processing aids or spices, no part of the product content will be from outside of the USA. Water doesn't count, broth does. You do not have to present your recipe, but you do have to provide your list of ingredients in order of quantity, the origin of those ingredients and the address of the licensed kitchen that you used to cook your stew or soup if you are not a restaurant.

There are several categories to compete in and you may enter your stoup in as many as you wish to have considered. The categories are:

- 100% local • Organic • Allergen Friendly
- Vegetarian • Youth (any age up to 18)

What you need to know to compete:

- Registration and payment is due by September 25th, 2009.
- The event begins at 1 pm. All stews, soups and chilies must be at 160 F and ready to serve by 12:30 pm.
- Bring a minimum of 5 gallons of stew or soup to serve in 2 oz portions. Two ounce ladles will be provided.
- Bring information and/or signage representing who you are and where you are from.
- The Eaton County health department has given us permission to use crock pots as long as they are not the old enamel type that could chip. By bringing your own chaffing dishes or crock pots we will save on purchasing disposable racks and aluminum pans.

Restaurants:

If you are a restaurant we ask that you bring your own chaffing dishes to keep your stew or soup hot. You may also use crock pots if you prefer.

Individuals:

Stews and soups must be prepared in a licensed kitchen. Please bring enough crock pots to hold five gallons of stoup hot at 160 degrees.

Sustainable Stoup Competition Registration

You are representing a:	# of stoups entering	Price per entry
<input type="checkbox"/> Restaurant	_____	\$25.00
<input type="checkbox"/> Individual	_____	\$25.00

Category (s) you would like to compete in: Check all category's that apply.

100% Local

Organic

Allergen Friendly

Vegetarian

Youth (any age up to 18)

Total: _____

Name _____

Address _____

Phone _____

Name to be displayed at your booth _____

Method of Payment

Visa MasterCard Check

Credit Card # _____ Exp. date _____

Signature _____

Michigan Envirothon

3001 Coolidge Rd, Suite 250
East Lansing, MI 48823

Phone: 517-324-4421
Fax: 517-324-4435

Event Contacts:
Ginger Bardenhagen 517-930-2121 or
Svenja Drebes 517-930-7449

Are you ready to come and sample?

Your ticket includes as many stews and soups as you would like to taste, a souvenir tasting glass and 4 beverage tasting tickets. Additional beverage tasting tickets will be available for purchase at the event.

Tickets may be purchased online here:

<http://www.brownpapertickets.com/event/71894>

Tickets are \$25 online and will be \$30 at the door. For more information about the event or to become a sponsor, visit us online www.michiganenvirothon.org.

Artwork from Michigan artist Linda Sprout Broughton will be available for purchase at the event. Her pieces are featured on our poster and in the logo on the front of this flyer.

To entice your taste buds, listed below are some of the participants that will be at the event.



If you are a winery, brewery or cidery and would like to provide your taste of Michigan at this event, contact Ginger at 517-930-2121.

Help us keep the event green!

We are making this event as green as possible by using 4 oz environmentally friendly biodegradable tasting bowls and biodegradable spoons. We greatly appreciate your help in reducing this event's carbon footprint.

Michigan has so much flavor to offer, won't you join us?

Michigan Sustainable Stoup Competition



Michigan Envirothon is partnering with Select Michigan to bring you this fun event.

This event sponsored in part by:

The C.S. Mott
Chair of
Sustainable
Agriculture at
Michigan State
University



The Nowlin Chair of
Consumer-Responsive
Agriculture at
Michigan State
University



Michigan Envirothon welcomes additional sponsors for this event. Contributions to Michigan Envirothon are fully tax-deductible as it is incorporated as a 501(c)(3), making it even easier to become a sponsor.

Michigan

3001 Coolidge Rd, Suite 250
East Lansing, MI 48823

Phone: 517-324-4421
Fax: 517-324-4435
E-mail: mienvirothon@macd.org

Michigan
Envirothon

Inaugural Michigan Sustainable Stoup Competition



Above artwork by Linda Sprout Broughton

Just Outside Your Window

Come join us for a taste of Michigan and support locally raised foods and Michigan wine, cider and beers.

Want to compete?

Fill out the form inside to register.

Sunday, October 25, 2009

1 pm to 5 pm

Red Salamander

902 E Saginaw Hwy

Grand Ledge, MI 48837

517-324-4421